

The Feedback

THOSE WE SERVE SAY IT BEST:

"For the first time in a long time, I believe that my son actually feels like he can make a positive change in his life."

- Parent of Program Participant

"You make my heart feel good."

- 3rd Grader speaking to her Youth First Social Worker

"I am so glad suicide is not a part of my life anymore, because now I realize that no matter how bad things may get, there are people out there that can help me and that I am not alone."

- High School Student helped by Youth First Social Worker

"I sing the praises of Youth First to anyone and everyone who will listen. My experience with Youth First has been nothing short of fabulous."

- School Principal

"This program has helped our family enormously, thank you."

- Strengthening Families Participant



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The Problem

Substance abuse is more common among southwestern Indiana teens than their peers nationwide, according to Youth First's latest survey of over 6,000 local 8th, 10th and 12th graders.

Take the Quiz

Test your awareness of the problem by taking this True or False quiz:



1. Over 30% of our region's high school seniors were drunk at least once in the last two weeks. T F
2. The rate of daily marijuana use among area 8th graders is twice the national average. T F
3. Though cigarette smoking continues to decline, one in every ten local 10th graders still smokes every day. T F
4. Compared to their counterparts nationwide, our high school sophomores are more than twice as likely to drink alcohol daily. T F
5. Nearly 20% of local college students report they drove drunk at least once in the last year. T F

According to anonymous scientific surveys of area youth, all of these statements are TRUE! That's why Youth First is working so hard to provide proven solutions to this serious problem.

The Solution

Youth First uses comprehensive, collaborative, regional, evidence-based, and sustained strategies to reduce substance abuse.



They include universal programs for broad or general audiences, selective programs for at-risk groups, and indicated programs for individuals with specific needs.

Youth First carefully selects and implements strategies that are designed by experts in the field of prevention and demonstrate positive outcomes through solid research.

A commitment to strong collaborative relationships with schools, churches and other organizations helps Youth First maximize resources and reach as many youth and families as possible.



Learn more about the problem and the solutions at www.youthfirstinc.org.



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